

# THE OASIS CENTRE

## Annual Report 2020



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## Contents

Chairperson's Remarks 2020 .....	2
Executive Director's Report 2020 .....	2
About The Oasis Centre .....	4
Directors:.....	4
The Oasis Centre Mission Statement.....	5
The Oasis Centre Logo .....	5
2020 at The Oasis Centre .....	5
Oasis Counselling .....	9
The Deora Project .....	10
Oasis Mindfulness Clinic .....	11
Alternative Therapies.....	12
Fundraising in 2020.....	12
The Oasis Centre Funders .....	13
HSE Review Meetings.....	14
The Oasis Centre Staff.....	14
Workshops for staff .....	14
Transcultural Development .....	14
Cocaine Anonymous - CA. Fellowship.....	15
Planning for 2020.....	15
Funding .....	15
Fundraising.....	15
Training .....	16
Premises.....	16
Image from The Oasis Centre Garden .....	17
Appendix 1. Accounts for 2019 .....	18



## Chairperson's Remarks 2020

Looking back on 2020 is looking back on a year that changed the world! In January 2020 we learnt of Covid 19 and how it was influencing people in China. It was somewhat remote for us and as time passed by it became a distinctive and definite reality that the whole world would be affected by it. Early in March we were plunged into lockdown and very quickly we were challenged by the scope of what we could do to continue the work here at Oasis. Most of the staff and volunteers worked from home while others kept Oasis open to facilitate staff who came in to the centre to work remotely. At this stage all our work was done on Zoom or by telephone. The important thing was that we continued to reach out to our service users and continue to work with them.

The unknown, the uncertainty, the unpredictability, led us to move with caution and yet there was an urgency as to what we could do in response to the present situation. The staff worked tirelessly to create a calm and safe environment for our clients. We were happy with the way things evolved. There was no Group work or training at Oasis at this time.

At the end of June we seemed to have a reprieve but that too was short lived. By September the number of Covid 19 cases was on the increase and restrictions were put in place yet again. However, we agreed at that time that we would keep Oasis open and that some staff would remain in work while others would still work from home. The service users had the choice to continue to make contact by phone or to return to counselling sessions in Oasis. This option left people at ease and they felt free to make a choice. This year was certainly one of challenges and opportunities for us and not without its difficulties but at least we were able to keep the service open.

We are fortunate to have a good team who work together to make Oasis a place of excellence and to that end we take this opportunity to thank all who support us: Our Board of Directors; our staff and many volunteers; our donors The Religious of Christian Education and The Religious Sisters of Charity and others who make it possible for The Oasis Centre to continue; NICDTF; TUSLA; HSE National Office for Suicide Prevention; NEIC. We are grateful to all for their interest, support and collaboration. Thank you.

Mary C. Benton



*And we move forward in HOPE*



## Executive Director's Report 2020

2020 was a busy and challenging year for us here in The Oasis Centre. The year began with a great number of people wanting to avail of our services. Then on March 12<sup>th</sup> the government announced that there was to be a lockdown in the country due to the Covid 19 Virus. We set about putting plans in place so that the service could continue remotely this covered receptionists working the telephones from home. Counsellors used their mobile phones to connect with clients for their sessions. The Management had to ensure confidentiality continued when client sessions were being held remotely and so policies were put in place to ensure this. All referrals, assessments and sessions were organised with the help of the coordinator, administrator and receptionist. The clients found it most helpful as there was so much uncertainty in everyday life for everyone. The centre was open all through the pandemic to facilitate a few counsellors who were unable to work from home and to receive post but no one could come face to face for counselling. Some counsellors began to use Zoom with clients and even though some people had returned to their home country the sessions continued by phone/zoom people in places like India, South America and Germany

On June 29<sup>th</sup> we began a gradual reopening with the necessary training for staff on Covid restrictions and readmission of clients to the centre. Not everyone could return immediately for various reasons and circumstances. We were fortunate that the size of the counselling rooms enabled us to have sessions with clients and the wearing of masks was mandatory. This continued for the remainder of the year. It was obvious at this time that Oasis Counselling was an essential service to help people who were experiencing all sorts of mental health issues due to Covid 19.

We were unable to provide courses or workshops but the number of counselling sessions increased as shown in the statistics.

We are most grateful to our staff, our voluntary counsellors and Management who at all times try to see how best our clients can be helped and supported. I am grateful to the Board of Directors who helped us by their support, encouragement and affirmation as we worked through this most difficult time in 2020.

We would like to thank most sincerely NEIC and Dublin City Council for their ongoing support with our counselling services during the year.

**GERALDINE BYRNE RSC**

*“We all have an unsuspected reserve of strength inside that emerges when life puts us to the test.” **Isabel Allende***





The Oasis Centre provides a professional counselling and therapy service to individuals, couples and groups facing issues of a personal or professional nature. The Oasis Centre was established in 1996 by the Religious Sisters of Charity to offer an “Oasis” to the North Inner City. The Oasis Centre incorporates The Deora Project – a high intensity crisis intervention counselling service which specialises in bereavement, complicated grief, addiction and suicide intervention and The Oasis Mindfulness Clinic which facilitates mindfulness based training and treatment approaches.

Directors:

Mary Benton (Chairperson), Geraldine Byrne (Exec Director), Anthony Callinan, Mary Dawson, Mark Fay, Declan Hallissey, Clare Neylan, Rosemary O' Looney, Maureen O'Sullivan, Maura Roe (Secretary).



## The Oasis Centre Mission Statement

The Oasis Centre is committed to the provision of counselling and confidential support to individuals and groups, in the context of holistic care to address the personal, social and spiritual needs of the person and to enable wholeness, wellbeing, healing and self-reliance.

We aim to foster an environment which promotes accessible and affordable counselling which is person-centred and creates an atmosphere of trust, respect, encouragement and integration.

## The Oasis Centre Logo

A circle represents the centre: an ancient and universal symbol of unity, wholeness and integration.

The branches of the palm tree symbolise the different parts of The Oasis Centre:

- Oasis Counselling and Therapy
- The Deora Project
- Oasis Mindfulness Clinic

## 2020 at The Oasis Centre

2020 began like every other year, with plans and expectations for the year to come. We continued to support our clients through counselling, groups, training in Applied Suicide Intervention Skills Training, safeTALK Suicide Alertness, Understanding Self harm Awareness training and Mindfulness Based Stress Reduction. As the weeks were passing we were hearing about this Covid-19 virus that was having a devastating affect on Wuhan in China and spreading to other countries. We, like others, did not expect it to come to our shores but it did arrive and everything changed.

### **Affects of Covid-19 on The Oasis Centre services**

On March 12<sup>th</sup> an announcement was made by the government that all non-essential services would shut including all schools and all non-essential shops. This had been expected in many ways, however, it still came as a shock to close so quickly. Over the days leading up to this announcement we were preparing by ensuring that reception staff and coordinator had access to their computers and phones remotely. On Friday 13<sup>th</sup> March 2020 all staff and volunteers were at home. Reception staff contacted all clients letting them know that we would be working remotely and counselling would be by phone. We really did not know how long this would last but were thinking maybe 3 weeks or so. How wrong were we! It was a challenge to work in a completely different way by phoning clients for sessions. We didn't know how it would be for clients and staff.

***“Nothing is impossible: The word itself says “I’m possible!”  
Audrey Hepburn***



On 16<sup>th</sup> March all staff and volunteers began working with clients by phone. Counsellors were told to ensure that their phones were on private mode so that all client contact between sessions would be through reception as is the policy of The Oasis Centre. The majority of clients were happy that they would still be supported by phone but a small number wished to wait for face to face work to recommence.

### **Lockdown – March 13<sup>th</sup> to 29<sup>th</sup> June 2020**

In the first few weeks of lockdown clients were very anxious and fearful. This unknown virus was a great worry for all of us. Many people were now isolated as contact with friends and family was not possible except by phone or social media. For the counsellors it was also a very difficult time. Working on the phone was challenging. Without seeing the person in front of them meant that visible clues to their wellbeing were lost. However, being able to continue to provide a service when so many other services were shut down was a great relief to both staff and clients. Many clients gave very positive feedback. They were very grateful for the support. Some saying that it is the only friendly voice they hear in the week.

In the initial weeks of lockdown clients were struggling with increased anxiety, fear and isolation. As the weeks went on many other issues came to the forefront for example – Depression, increased alcohol consumption, addiction relapse, grief, domestic violence, family issues due to being locked down together, retriggering of issues long buried and we were beginning to see a big increase in clients thinking about suicide. The increase in presenting issues for clients previously in a stable position was very worrying for us. We had many people ringing to engage with counselling support and it was difficult to leave these clients waiting when the pandemic was raging. To help this situation we asked that counsellors shorten their sessions, if possible, so that we could fit more clients in. We are very grateful that staff and volunteers did above and beyond to ensure that clients contacting The Oasis Centre were supported.

As the weeks turned into months the presenting issues became more intense. People were really struggling to keep well but mental health was taking a turn for the worst. Some of our volunteers who had previously finished with us made contact and offered some counselling hours. We were overwhelmed by the generosity of these volunteers and the generosity of our existing staff and volunteers who put in extra hours, pro bono, at this extremely difficult time for all. Throughout these months of extreme lockdown our co-ordinator was in regular contact with The North Inner City Drug and Alcohol Task Force and the HSE through zoom and teleconferences. These meetings keep us informed of what was happening in the area and any changes required during this time.

*“Ultimately, the greatest lesson that COVID-19 can teach humanity is that we are all in this together.” **Kiran Mazumdar-Shaw***



## **29<sup>th</sup> June 2020 to December 31<sup>st</sup> 2020**

As the extreme lockdown was coming to an end we completed a risk assessment of the premises and put policies and protocols in place to ensure that staff and clients returning to face to face work would be safe in the premises. We are very blessed to have a big premises which gives us enough space to have enough distance to ensure social distancing can be maintained throughout the building and in the counselling rooms. The cleaning regime was increased and a deep clean was completed before re-opening and continues to be done daily. We had to purchase cleaning provisions such as hand sanitisers, disinfectant wipes, gloves, masks and other cleaning products. Zoom meetings were held for all staff and volunteers to explain new protocols to ensure that everyone knew how to keep themselves and others safe. Counsellors would sanitise rooms between clients, clients would have staggered times so that there was no congregation of people in the lobby, clients were told to attend at the time of their session and leave straight after, the kitchen area was closed, all staff, counsellors and clients were expected to wear masks when they attended and throughout counselling sessions. All attending the centre have their temperature taken and contact tracing details are collected. If clients or staff were unwell they were asked not to attend but we could provide remote counselling to support them at these times.

Staff and clients were both excited to be back on the premises but there was also some fear having come out of a strict lockdown. This return to the premises was done on a phased basis with counsellors still providing remote counselling for some clients while others were face to face in the centre. All fears were allayed quickly when the safety protocols of the centre helped all to feel safe. The majority of our clients attended face to face. A few clients were unable to attend face to face due to underlying health conditions so they continued to be supported remotely.

Coming out of this lockdown brought its own problems. Clients were more anxious and worried about catching Covid-19 and after being indoors for so long created a fear of coming out again. Over time they were more comfortable coming in to us knowing that all safety protocols were in place at The Oasis Centre. The presenting issues of anxiety, depression, addiction, problematic alcohol consumption, bereavement, relationship problems, domestic violence and suicidal ideation continued throughout this period. More and more people were making contact with us to engage in counselling. We were assessing clients within two weeks of first contact. These assessments were completed on the phone to keep numbers down in the premises. After the assessment the client is then on our waiting list until appointments become free. As the mental health of the country was deteriorating the numbers contacting us for counselling were increasing significantly. Even though we had increased the number of counselling appointments through reducing the session length we were struggling to get through our waiting list. This has been difficult for our reception staff who got many calls from clients on our waiting list to see when they would get an appointment. Our concern about our waiting list is that the mental health of these clients is deteriorating as they wait. We have contacted these clients to let them know that we have not forgotten about them and to check if they are having any suicidal thoughts so that we can get a counsellor to contact





them as soon as possible. It is our aim to support clients in their times of distress and to help keep them safe, however, the challenge of increased clients was making this more difficult.

At the end of December we had 246 people on our waiting list and we had to come to the difficult decision to stop taking any new referrals in January so that we can work through the list. This pandemic has increased the numbers requesting help and it has also increased issues such as anxiety, depression, complicated bereavement, suicidal ideation, addiction and isolation among many other issues. We sent a proposal to the NEIC implementation board in October 2020 to request funds to employ another counsellor for 12 months to help us alleviate the pressure on our service and are delighted to say that we were successful with this and the funds will be paid to us in January 2021. A new counsellor will begin early in the new year as a result of this. We also received some funding from HSE Social Inclusion which has allowed us to increase our counselling hours. We are grateful for these funds and hopeful that we will be able to begin taking referrals in the first few months of 2021. We are also grateful for all the other donations received to help us through this critical time.

As can be seen from table below the demand on our counselling services increased a lot due to need for increased support of individuals during this pandemic.

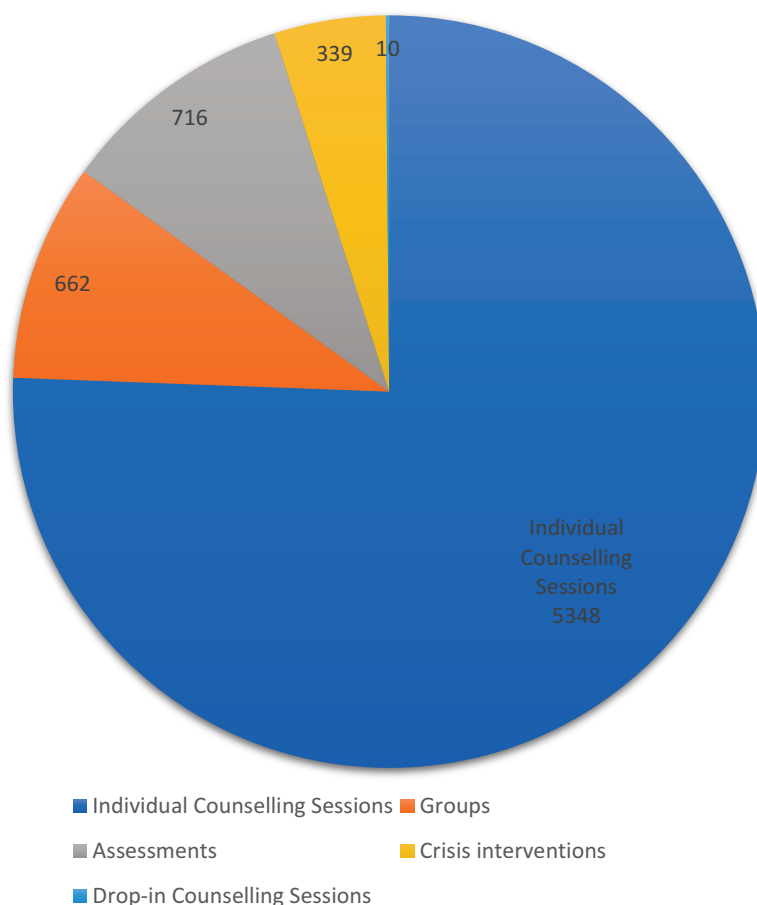
<b>Comparison of statistics from March 16<sup>th</sup> to December 31<sup>st</sup> for 2019 and 2020</b>		
<b>Appointment type</b>	<b>2019</b>	<b>2020</b>
Assessments	337	716
Client sessions	3281	5348
Suicide interventions	152	320
Total	3,770	6,348

While this pandemic brought us many challenges, it also brought us great hope. The fact that we were able to continue to support those most in need our help throughout lockdowns and restriction easing has been amazing for us and a credit to our staff, volunteers and management. While many other services had to close their doors and cease service we were able to continue. As mental health has become such a big issue for our country we are now considered an essential service which means that if there are further lockdowns we will be able to continue to work both remotely and on the premises so we can support our most vulnerable clients. We have gathered statistics from the same period in 2019 and compared them to 2020. You can see from the table above that our numbers have increased significantly. We are hopeful that 2021 will bring us closer to eradicating this virus and a return to a more normal life for all of us. We will continue to do all we can to support our clients.

*"Sometimes you find yourself in the middle of chaos, and sometimes in the middle of chaos, you find yourself." – Boonaa Mohammed*



## The Oasis Centre Statistics 2020



*The Oasis Centre total in person/online sessions: 7075*

## Oasis Counselling

Oasis Counselling service provides one to one counselling for a wide range of general counselling issues that clients present to us with such as depression, anxiety, family issues, emotional distress, domestic violence, loss, self-esteem, anger management, and parenting issues. Oasis counselling is supported by 30 voluntary counsellors to whom we are very grateful for their commitment to clients and The Oasis Centre.

Oasis Counselling was the first service offered at The Oasis Centre back in 1996. Beginning with one client in 1996, the service has grown to having 7075 visits made to centre in 2020, in a year that we were unable to host groups and training programmes. Over the years, as the needs of the community evolved, the services provided by The Oasis Centre have evolved to meet these needs. The Oasis Centre is ever evolving to ensure that we are providing the most appropriate service for the community.



## The Deora Project

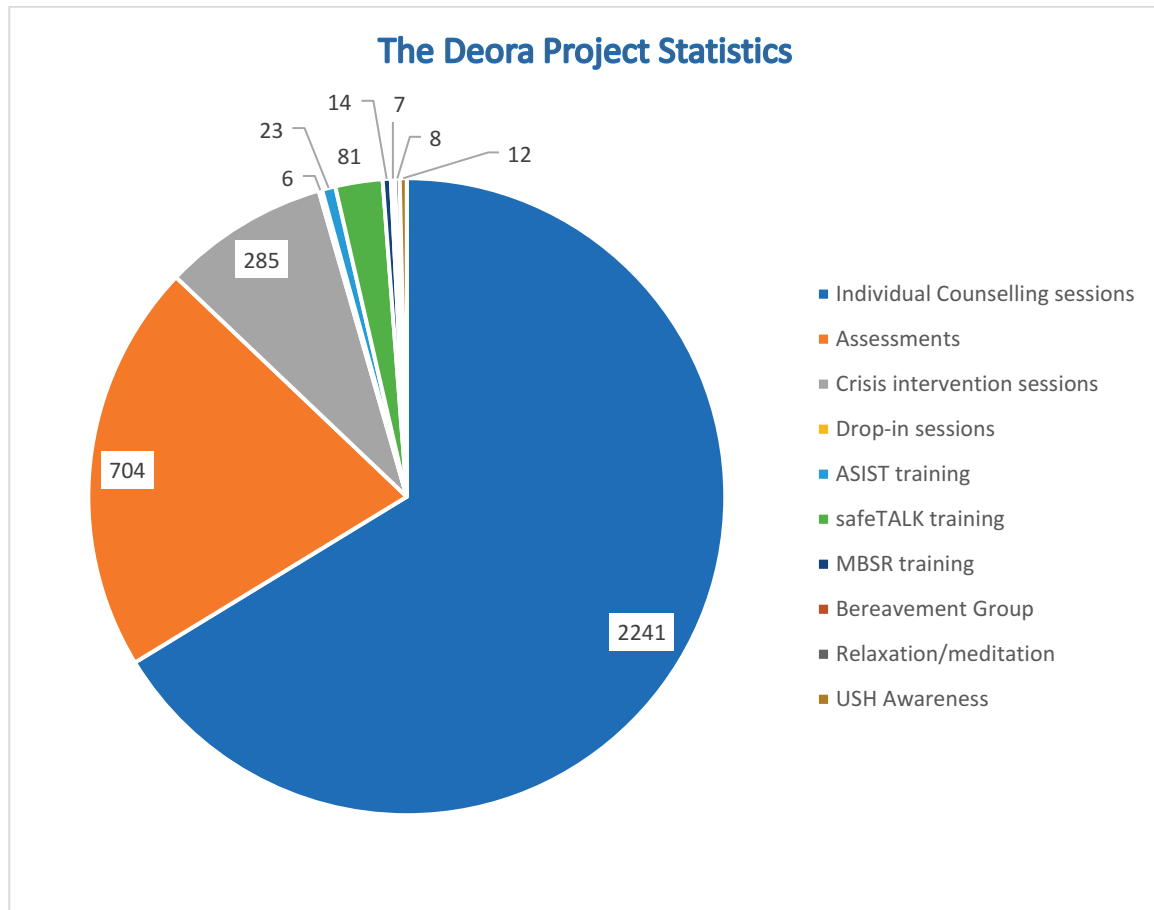
The Deora Project specialises in counselling in areas such as bereavement, addiction, critical incident debriefing and suicide ideation. The services provided include individual, group, and drop-in counselling. **safeTALK** suicide alertness for everyone training, which is facilitated 11 times per year, is a half day workshop that helps us to identify persons with thoughts of suicide. Geraldine Byrne and Paula Garrett facilitate this programme. Applied Suicide Intervention Skills Training (**ASIST**) is also provided 6 times per year at The Oasis Centre. This is a 2 day training that teaches participants to work through a model providing suicide intervention to keep a person safe. Paula Garrett and Annmarie Murray facilitate this training. Annmarie Murray facilitates Understanding Self Harm Awareness Training (**USH**) which is a one day training provided 6 times a year. Occasionally we invite other trained facilitators to present training programmes when our in-house trainers are unavailable.

- **Applied Suicide Intervention Skills Training:** ASIST is a two day interactive workshop in suicide first aid. It teaches participants to recognise when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop.
- **safeTALK:** This is a half day alertness training that prepares attendees, regardless of prior experience or training, to become a suicide alert helper. Most people with thoughts of suicide don't truly want to die but are struggling with the pain in their lives. Through their words and actions, they invite help to stay alive. safeTALK trained helpers can recognize these invitations and take action by connecting them with life saving intervention resources. safeTALK trained helpers are an important part of suicide safer communities, working alongside intervention resources to identify and avert suicide risks.
- **Understanding Self Harm Awareness Training (USH):** The workshop provides opportunities to improve knowledge, awareness and understanding of self harm. Participants consider how personal attitudes and experiences might affect their helping role with a person who self harms. It aims to clarify what self harm is, what leads people to engage in this behaviour and considers its relationship with suicide. The causes, reasons behind the behaviour, and the functions are discussed. Positive approaches to engaging with and caring for someone who self harms are presented. Active participation is encouraged. It is stimulated by audio-visuals and working with others in small groups.

In the past year the numbers of individuals being supported by The Deora Project increased. This year was difficult for many people and levels of addiction relapse soared. An increased number of people in recovery, some for many years, relapsed under the strain of Covid-19 restrictions and difficulties. This year also led to more clients contacting us due to problematic alcohol consumption, which was not a problem for them pre Covid. Along with addiction issues suicidal ideation increased with 339 interventions completed. 2,241 individual client sessions were provided, 704 assessments and 145 participants completed courses and workshops.



Poly drug use continues to be a big problem with use of prescription drugs increasing combined with cocaine and other narcotics. Alcohol remains an issue for many presenting to us and also sex addiction, gambling and compulsive use of social media. Clients in addiction or in recovery can also have abuse in their background and so working through historical abuse is very prevalent among our clients. Having so much time with restrictions in place in 2020 has meant that some clients are revisiting trauma from the past which may have been previously worked through in therapy resulting in the need for extra support.



*The Deora Project total visits: 2,994*

## Oasis Mindfulness Clinic

At The Oasis Mindfulness Clinic we provide eight week training in Mindfulness Based Stress Reduction (MBSR) which has been shown to help people move beyond stress, anxiety, depression, low mood and unhelpful patterns in a person's life. When the eight week training is completed participants are invited to join us monthly for a half day retreat which helps to support their mindfulness journey going forward. Mindfulness is offered to counselling clients as well as anyone wishing to learn more about bringing mindfulness into their everyday life. We receive very positive feedback from our participants with participants saying that it has changed their lives and their way of being for the better. Participants of MBSR training comprise of local community, local agency workers and clients of the centre and those from outside the local area who are interested in doing Mindfulness but unable to pay the full rate required in other areas. As with all our other services we are privileged to be able to offer the MBSR programme on a donation basis. This training not only benefits the person



attending the course but also their children along with family and friends who are in contact with them. The participants learn a new way of being and a new way of responding to situations rather than reacting.

In 2020 our mindfulness training was brought to an abrupt halt in March due to initial lockdown. We were unable to hold any further in person MBSR programmes this year. We have scheduled several online courses for early 2021. A lot of our community are suffering the psychological affects of Covid-19 and so mindfulness is needed now more than ever to support participants with low mood, anxiety and other complications as a result of restrictions and fear of the unknown.

*“Nothing in life is to be feared; it is only to be understood. Now is the time to understand more, so that we may fear less.” Marie Curie*

### Alternative Therapies

Clients are delighted to avail of our following alternative therapies:

**Relaxation/Meditation** is on the second Saturday of every Month. The local residents are invited to attend this 2 hour session to take time out for self-care for themselves.

Elizabeth Slattery facilitates this class.

**Mindfulness half day retreats** These are offered for those who have completed MBSR training or those who have an established meditation practice. This retreat is facilitated by our qualified Mindfulness Based Stress Reduction teachers.

**Yoga** is facilitated by yoga teacher Deirdre Barrett and is held every Monday 10.30am and open to anyone wishing to attend.

Since March 2020, however, all these have been postponed but we hope to return to them as soon as we can when restrictions lift enough to enable us to come together as a group. A big part of the benefits of these therapies are the community aspect felt by those attending in person.

### Fundraising in 2020

**The Virtual VHI Mini Marathon** raised €2,165 for The Oasis Centre. We are grateful to staff, volunteers and clients who completed it for us.

We held a raffle in October and another one at Christmas and raised a total of €760. We would like to thank all who bought tickets from us and also Aoife Doyle who organised both raffles for us.

*"The smallest act of kindness is worth more than the grandest intention." Oscar Wilde*





## The Oasis Centre Funders

The Oasis Centre is supported by the **Religious Sisters of Charity, Religious of Christian Education, Tusla Child and Family Agency** and other generous donors. The Religious Sisters of Charity have a long history of voluntary work within the area. They opened their convent in Seville Place on the 19th November 1882. We are indebted to **The Religious of Christian Education** who generously donate to us on a yearly basis. Their funding enables us to provide a quality service to our clients. Due to the increased demand for our services we rely more and more on these donations for the continuation of The Oasis Centre. We are very grateful to the **Religious Sisters of Charity** for use of their premises. The Oasis Centre pays a peppercorn rent of €10 per year therefore all our funding and donations go back into the service for direct service provision. To find out more about the work of the Religious Sisters of Charity, see [www.rsccharitas.org](http://www.rsccharitas.org) or [www.religioussistersofcharity.ie](http://www.religioussistersofcharity.ie)

We are grateful to the **North East Inner City Programme Implementation Board (NEIC)** who fulfilled the promise of extra funding which was outlined in The Mulvey Report in 2017. We also received a grant of €5,000 through the NEIC Community Grant Scheme to upgrade our computers and for garden furniture. We received these funds in August 2020 for which we are very grateful.

In October 2020 we sent a proposal to The NEIC Programme Implementation Board to request funding to increase our counselling hours by 20 hrs per week for 12 months as a once off payment. Our main concern was that we had a long waiting list and the clients waiting for help are at risk of increased mental health issues while waiting for support. It takes great courage to pick up the phone and ask for help so to be left waiting is not helpful. We were seeing a large increase in suicidal clients and our fear was that those on the waiting list, although already assessed, were in danger of getting to this point. We are delighted to say that we are successful with this proposal and the once off payment would be received in January 2021. We are very grateful for this funding which was confirmed to us at a time when we desperately needed to support our clients.

From October to December 2020 we received funding of €45,000 for increased service provision for The Oasis Centre. These funds came at a very important time when our waiting list was growing and the need to employ another counsellor was vital. Thankfully through these funds we were able to increase our counselling hours to meet the needs of the community who were so desperate for support, particularly in this pandemic year.

The Deora Project in The Oasis Centre is funded by the HSE through **The North Inner City Drugs and alcohol Task Force** [www.nicdatf.ie](http://www.nicdatf.ie) The North Inner City Drugs Task Force was established in 1997 to develop community responses to the drugs problem in the local area.

We are grateful to the **HSE's National Office for Suicide Prevention** [www.nosp.ie](http://www.nosp.ie) for funding our training in ASIST, safeTALK and Understanding Self Harm Awareness training in the first part of 2020 as part of Connecting for Life, which is Ireland's National Strategy to Reduce Suicide 2015 – 2020. Since March 13<sup>th</sup> 2020 all training was postponed due to Covid-19. We hope to be back training the community in 2021.



**Tusla Child and Family Agency** - The Oasis Centre would like to acknowledge the support it has received from The Family Support Agency over the last number of years. This funding helps support Oasis Counselling. The Family Support Agency is a government agency operating under the Department of Community, Equality and Gaeltacht Affairs [www.tusla.ie](http://www.tusla.ie) We are indebted to these benefactors for their generous donations, without which we would be unable to provide our services.

## HSE Review Meetings

### The Oasis Centre Staff

Geraldine Byrne Exec. Director.

Paula Garrett Co-ordinator The Deora Project.

Counsellors -Maria Gallagher, Mary Hughes, Patricia Burke, Annmarie Murray, Elizabeth Slattery, Tony Dunne.

Reception/Administration - Aoife Doyle, Niamh Doyle and Sheila Caulfield.

Household - Michelle Kelly

Payroll – Jenny Coughlan

Human Resources – Mary Kirwan

safeTALK trainers - Geraldine Byrne/Paula Garrett

ASIST trainers - Paula Garrett/Annmarie Murray

Understanding Self Harm Awareness trainer - Annmarie Murray

MBSR facilitators - Fionnuala Gill/Paula Garrett/Anne Kirwan/Paddy Gowan

Elizabeth Slattery – Meditation/ Relaxation facilitator.

Yoga - Deirdre Barrett

30 Voluntary Counsellors

### Workshops for staff

As part of the in-service training for the Counsellors, workshops are held on a Regular basis. However, in 2020 face to face workshops ceased in March due to Covid-19 restrictions. A wide range of workshops were held online through the counselling bodies – IACP, ACI and IAHIP. In this way counsellors could keep up with their required continuing professional development. In 2020 the following Workshops have taken place for staff and volunteers in the Centre up to late March:

1. safeTALK – Geraldine Byrne and Paula Garrett.
2. ASIST – Paula Garrett and Annmarie Murray.
3. Understanding Self Harm Awareness Training – Annmarie Murray.
4. Bullying in Schools – Marie O’Sullivan

### Transcultural Development

The Oasis Centre encountered many non-nationals seeking our services during 2020. As well as EU Countries such as: U.K., Poland, Spain, Finland, France, Italy, Latvia, and Lithuania, there are also many non-EU nationals from countries such as Algeria, Canada, USA, China, Australia, Nigeria, the Philippines, Sudan, Turkey, Albania, Pakistan, Tanzania, Peru, Venezuela, Brazil India, Syria, Romania and Mauritius.



These clients suffer higher rates of anxiety and depressive disorders. Leaving one's home is not an easy decision, leaving behind family, friends and children in many cases. As many of these clients do not speak very good English this adds extra challenges to the Centre and to the demands on the counsellors. An extra layer of distress has been added this year with the Covid-19 pandemic. Some of our non-national clients returned to their home countries for part of the year as the need to be close to loved ones became more important. As a result their therapy moved to online sessions to continue their therapy with their counsellors. We were truly international this year!

*“No one is a stranger in this world. We all belong to one family... just we never got the opportunity to meet yet” **Brijesh Singh***

### Cocaine Anonymous - CA. Fellowship

Cocaine Anonymous meet in The Oasis Centre on a weekly basis. They appreciate the fact that they have a place to hold their meetings and they treat the Centre with respect.

This is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from their addiction. Everything heard at a C.A. meeting is treated with confidence. There are no dues or fees for membership; the fellowship is fully self-supporting through its own contributions.

In 2020 these meetings came to a halt in March as restrictions around group meetings were in place. We look forward to welcoming this fellowship back to The Oasis Centre in 2021 when it is safe to do so.

### Planning for 2021

#### Funding

We are indebted to The Sisters of Charity for their support through the years which has enabled Geraldine Byrne to work in Oasis 25 years pro bono, managing all areas of the service. This was done to provide a Counselling Service for the people of the North Inner City. The Mulvey report in 2017 recommended that The Oasis Centre receive additional funding to ensure the continuation of the service. In 2019 we received these funds through The North East Inner City Programme Implementation Board (NEIC). HSE Social Inclusion have taken on the mantle and we received €45,000 from them for 2020. These funds were received from October onwards so we have been able to employ a counsellor who began in November 2020. We are very grateful for these funds which will help us support those most in need. The benefits of this extra funding will expand into 2021 and beyond.

#### Fundraising

In 2021 we are planning several events such as a summer raffle, women's mini marathon which will most likely be a virtual event like this year's one, and Christmas raffle. **The Draocht Drama Group** were unable to perform Sive in March 2020 in aid of The Oasis Centre so we hope to be able to hold this fundraising event in 2021.



### Training

We plan to continue with our safeTALK, ASIST, Understanding Self Harm Awareness training and Mindfulness Based Stress Reduction when The National Office of Suicide Prevention permit this training to restart. Further training will be scheduled in line with presenting issues at the Centre and the needs of our staff and volunteers. These trainings will be held online if restrictions continue. Continuing professional development is part of The Oasis Centre requirement for our counsellors and is also a requirement of the professional bodies (IACP, IAHIP, ACI), that our counsellors are members of.

### Premises

We had opportunity during this year, while the building was empty, to have our carpets deep cleaned and roof maintained before the return of staff and clients at the end of June.

Throughout 2020 the gardens at The Oasis Centre continued to be tended to by our gardener Adrienne Duffy. The display of colour and growth throughout the year was spectacular and a credit to all her hard work. We were able to purchase some new garden furniture due to the grant received from NEIC Community Fund for which we are very grateful.

We are hopeful that many more people can visit the garden in 2021 to enjoy its beauty and peacefulness.







“By discovering nature, you discover yourself” *Maxime Lagacé*



*(Photo: Views in The Oasis Centre Garden)*





**Appendix 1:  
Accounts for 2020**

**Company Number: 507631**

**The Oasis Centre Limited  
Annual Report and Financial Statements  
for the financial year ended 31 December 2020**

# **The Oasis Centre Limited**

## **CONTENTS**

	<b>Page</b>
Directors and Other Information	3
Directors' Report	4 - 5
Directors' Responsibilities Statement	6
Independent Auditor's Report	7 - 8
Appendix to the Independent Auditor's Report	9
Income and Expenditure Account	10
Balance Sheet	11
Reconciliation of Members' Funds	12
Cash Flow Statement	13
Notes to the Financial Statements	14 - 18
Supplementary Information on Income and Expenditure Account	20
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Supplementary Information on Income and Expenditure Account by Cost Centre	21 - 22

**The Oasis Centre Limited**  
**DIRECTORS AND OTHER INFORMATION**

<b>Directors</b>	Mary Benton Geraldine Byrne Eva Donnellan (Resigned 9 July 2020) Mary Dawson Clare Neylan Marc Fay Rosemary O'Looney Maureen O'Sullivan Declan Hallisey Maura Roe Anthony Callinan
<b>Company Secretary</b>	Maura Roe
<b>Company Number</b>	507631
<b>Charity Number</b>	CHY: 21157 RCN: 20102203
<b>Registered Office and Business Address</b>	St. Laurence's Place East Seville Place Dublin 1
<b>Auditors</b>	Ardagh Horan Connolly Accountants Limited Certified Public Accountants and Statutory Audit Firm 168 Walkinstown Road Dublin 12
<b>Bankers</b>	Bank of Ireland O'Connell Street Dublin 1

# **The Oasis Centre Limited**

## **DIRECTORS' REPORT**

for the financial year ended 31 December 2020

The directors present their report and the audited financial statements for the financial year ended 31 December 2020.

### **Principal Activity**

The principal activity of the company is to offer counselling services on an individual and family basis with specific reference to bereavement and addiction counselling.

The company is reporting a surplus for the year which arises mainly from once off additional donations from the Sisters of Charity and Religious of Christian Education. However the surplus should be considered in the following context.

The company operates from a premises which is provided on a rent free basis and where the company is not required to pay for non routine upkeep and maintenance of the building. This results in substantial savings to the company, which if operated on a commercial basis, would result in significant expenditure.

It is in this context that the additional donations have been made to future proof the services should the company be obliged to operate on a commercial basis and to enable the company to operate as a going concern. It is not anticipated that this level of donation will continue indefinitely.

The Company is limited by guarantee not having a share capital.

### **Financial Results**

The surplus for the financial year amounted to €102,435 (2019 - €20,991).

At the end of the financial year, the company has assets of €150,362 (2019 - €6,181) and liabilities of €46,533 (2019 - €4,787). The net assets of the company have increased by €102,435.

### **Directors and Secretary**

The directors who served throughout the financial year, except as noted, were as follows:

Mary Benton  
Geraldine Byrne  
Eva Donnellan (Resigned 9 July 2020)  
Mary Dawson  
Clare Neylan  
Marc Fay  
Rosemary O'Looney  
Maureen O'Sullivan  
Declan Hallisey  
Maura Roe  
Anthony Callinan

The secretary who served throughout the financial year was Maura Roe.

### **Future Developments**

The directors are not expecting to make significant changes in the nature of the activities of the company in the near future. At the time of approving the financial statements, the company is exposed to the effects of the Covid-19 pandemic. The directors will seek to manage the effects of the pandemic in planning the future activities of the company.

### **Post Balance Sheet Events**

The directors are closely monitoring developments during the Covid 19 pandemic and assessing the impact of it and the measures implemented by government to contain the virus on the company's activities. The company is following government recommendations and has taken a number of measures to mitigate the effect of the virus including health and safety measures to protect employees and users of its services.

The directors note that this is a dynamic situation and that there is still uncertainty as to the wider economic short to medium term impact. However they are satisfied that the company is in a strong position to withstand future potential challenges in this context.

With the exception of Covid 19, there were no other significant events affecting the company since the year end.

# **The Oasis Centre Limited**

## **DIRECTORS' REPORT**

for the financial year ended 31 December 2020

### **Political Contributions**

The company did not make any disclosable political donations in the current financial year.

### **Auditors**

The auditors, Ardagh Horan Connolly Accountants Limited, (Certified Public Accountants) have indicated their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

### **Going Concern**

In preparing the financial statements, the directors consider it appropriate to continue to use the going concern assumption which assumes that the company will have sufficient resources to enable it to meet its liabilities as and when they fall due.

The directors have considered the impact of Covid 19 on its activities and its funding. No more than previous years, the company is reliant on the continued support of the HSE. The company has continued to receive HSE funding during the pandemic and the directors are of the opinion that funding will continue into the future. In addition, the company has received financial support from other external sources which places the company in a positive financial position for the foreseeable future. As such, the directors have a reasonable expectation that the company has sufficient resources in place to ensure it is in a position to meet its financial obligations as they fall due for the foreseeable future.

The directors therefore continue to adopt the going concern basis in preparing the company's financial statements.

### **Statement on Relevant Audit Information**

In accordance with section 330 of the Companies Act 2014, so far as each of the persons who are directors at the time this report is approved are aware, there is no relevant audit information of which the statutory auditors are unaware. The directors have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and they have established that the statutory auditors are aware of that information.

### **Accounting Records**

To ensure that proper books and accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The books of account are located at the company's office at St. Laurence's Place East, Seville Place, Dublin 1.

### **Signed on behalf of the board**



**Maura Roe**  
Director

19 April 2021



**Geraldine Byrne**  
Director

19 April 2021



# **The Oasis Centre Limited**

## **DIRECTORS' RESPONSIBILITIES STATEMENT**

for the financial year ended 31 December 2020

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard, issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be readily and properly audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the directors are aware:

- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the directors have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

Signed on behalf of the board



**Maura Roe**  
Director

19 April 2021



**Geraldine Byrne**  
Director

19 April 2021

# **INDEPENDENT AUDITOR'S REPORT**

## **to the Members of The Oasis Centre Limited**

### **Report on the audit of the financial statements**

#### **Opinion**

We have audited the financial statements of The Oasis Centre Limited ('the company') for the financial year ended 31 December 2020 which comprise the Income and Expenditure Account, the Balance Sheet, the Reconciliation of Members' Funds, the Cash Flow Statement and notes to the financial statements, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", issued in the United Kingdom by the Financial Reporting Council, applying Section 1A of that Standard.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2020 and of its surplus for the financial year then ended;
- have been properly prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are described below in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and the Provisions Available for Audits of Small Entities, in the circumstances set out in note 4 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

#### **Other Information**

The directors are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our Auditor's Report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

#### **Opinions on other matters prescribed by the Companies Act 2014**

In our opinion, based solely on the work undertaken in the course of the audit, we report that:

- the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors' Report has been prepared in accordance with the Companies Act 2014.

We have obtained all the information and explanations which, to the best of our knowledge and belief, are necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited. In our opinion the financial statements are in agreement with the accounting records.

# **INDEPENDENT AUDITOR'S REPORT**

## **to the Members of The Oasis Centre Limited**

### **Matters on which we are required to report by exception**

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report. The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act, which relate to disclosures of directors' remuneration and transactions are not complied with by the company. We have nothing to report in this regard.

### **Respective responsibilities**

#### **Responsibilities of directors for the financial statements**

As explained more fully in the Directors' Responsibilities Statement, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, if applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the company or to cease operation, or has no realistic alternative but to do so.

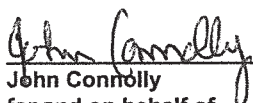
#### **Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is contained in the appendix to this report, located at page 9, which is to be read as an integral part of our report.

#### **The purpose of our audit work and to whom we owe our responsibilities**

Our report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume any responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

  
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**John Connolly**

**for and on behalf of**

**Ardagh Horan Connolly Accountants Limited**

Certified Public Accountants and Statutory Audit Firm

168 Walkinstown Road

Dublin 12

**19 April 2021**

## **The Oasis Centre Limited**

# **APPENDIX TO THE INDEPENDENT AUDITOR'S REPORT**

### **Further information regarding the scope of our responsibilities as auditor**

As part of an audit in accordance with ISAs (Ireland), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

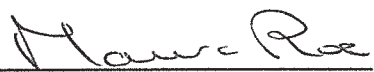
- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our Auditor's Report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our Auditor's Report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

**The Oasis Centre Limited**  
**INCOME AND EXPENDITURE ACCOUNT**  
for the financial year ended 31 December 2020

	Notes	2020 €	2019 €
Income		335,992	328,712
Expenditure		(233,557)	(307,721)
Surplus for the financial year		<u>102,435</u>	<u>20,991</u>
Total comprehensive income		<u><u>102,435</u></u>	<u><u>20,991</u></u>

Approved by the board on 19 April 2021 and signed on its behalf by:

  
Maura Roe  
Director

  
Geraldine Byrne  
Director



# The Oasis Centre Limited


## BALANCE SHEET


as at 31 December 2020

	Notes	2020 €	2019 €
<b>Current Assets</b>			
Debtors	6	-	5,761
Cash and cash equivalents		150,362	420
		<u>150,362</u>	<u>6,181</u>
<b>Creditors: Amounts falling due within one year</b>	7	<u>(46,533)</u>	<u>(4,787)</u>
<b>Net Current Assets</b>		<u>103,829</u>	<u>1,394</u>
<b>Total Assets less Current Liabilities</b>		<u>103,829</u>	<u>1,394</u>
<b>Reserves</b>			
Income and expenditure account		<u>103,829</u>	<u>1,394</u>
<b>Members' Funds</b>		<u>103,829</u>	<u>1,394</u>

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the board on 19 April 2021 and signed on its behalf by:

  
Maura Roe  
Director

  
Geraldine Byrne  
Director

**The Oasis Centre Limited**  
**RECONCILIATION OF MEMBERS' FUNDS**  
as at 31 December 2020

	Retained surplus	Total
	€	€
<b>At 1 January 2019</b>	(19,597)	(19,597)
Surplus for the financial year	20,991	20,991
<b>At 31 December 2019</b>	1,394	1,394
Surplus for the financial year	102,435	102,435
<b>At 31 December 2020</b>	<b>103,829</b>	<b>103,829</b>

**The Oasis Centre Limited**  
**CASH FLOW STATEMENT**  
for the financial year ended 31 December 2020

	Notes	2020 €	2019 €
<b>Cash flows from operating activities</b>			
Surplus for the financial year		<b>102,435</b>	20,991
		<b>102,435</b>	20,991
Movements in working capital:			
Movement in debtors		<b>5,761</b>	(5,761)
Movement in creditors		<b>41,746</b>	(21,163)
Cash generated from/(used in) operations		<b>149,942</b>	(5,933)
Net increase/(decrease) in cash and cash equivalents		<b>149,942</b>	(5,933)
Cash and cash equivalents at beginning of financial year		<b>420</b>	6,353
Cash and cash equivalents at end of financial year	<b>12</b>	<b>150,362</b>	420

# **The Oasis Centre Limited**

## **NOTES TO THE FINANCIAL STATEMENTS**

for the financial year ended 31 December 2020

### **1. GENERAL INFORMATION**

The Oasis Centre Limited is a company limited by guarantee incorporated and registered in the Republic of Ireland. The registered number of the company is 507631. The registered office of the company is St. Laurence's Place East, Seville Place, Dublin 1 which is also the principal place of business of the company. The nature of the company's operations and its principal activities are set out in the Directors' Report. The financial statements have been presented in Euro (€) which is also the functional currency of the company.

### **2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES**

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

#### **Statement of compliance**

The financial statements of the company for the year ended 31 December 2020 have been prepared in accordance with the provisions of FRS 102 Section 1A (Small Entities) and the Companies Act 2014.

#### **Basis of preparation**

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A, issued by the Financial Reporting Council.

The company qualifies as a small company as defined by section 280A of the Companies Act 2014 in respect of the financial year, and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Companies Act 2014 and Section 1A of FRS 102.

#### **Income**

Grant income is recognised when there is reasonable assurance that the grant will be received and the company has complied with all attached conditions.

Other income is taken to the credit of the revenue account in the period in which it is lodged to the bank account or the period in which the related expenditure is incurred.

#### **Expenditure**

Expenditure is taken to the Income and Expenditure Account in the period in which it is incurred.

#### **Creditors**

Creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

#### **Trade and other debtors**

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash at bank and in hand and bank overdrafts. In the Balance Sheet bank overdrafts are shown within Creditors.

#### **Taxation**

No charge to current or deferred taxation arises as the company has been granted charitable status under Section 207 and 2018 of the Taxes Consolidation Act 1997, Charity No. CHY 21157.

### **3. DEPARTURE FROM COMPANIES ACT 2014 PRESENTATION**

The directors have elected to present an Income and Expenditure Account instead of a Profit and Loss Account in these financial statements as this company is a not-for-profit entity.

**The Oasis Centre Limited**  
**NOTES TO THE FINANCIAL STATEMENTS**

continued

for the financial year ended 31 December 2020

**4. PROVISIONS AVAILABLE FOR AUDITS OF SMALL ENTITIES**

In common with many other businesses of our size and nature, we use our auditors to assist with the preparation of the financial statements.

**5. EMPLOYEES**

The average monthly number of employees, including directors, during the financial year was 9, (2019 - 10).

	2020 Number	2019 Number
Employees	9	10

**6. DEBTORS**

	2020 €	2019 €
Taxation	-	5,761

**7. CREDITORS**

**Amounts falling due within one year**

	2020 €	2019 €
Other creditors	42,624	70
Accruals	3,909	4,717
	<b>46,533</b>	<b>4,787</b>

**8. STATUS**

The liability of the members is limited.

Every member of the company undertakes to contribute to the assets of the company in the event of its being wound up while they are members or within one year thereafter for the payment of the debts and liabilities of the company contracted before they ceased to be members and the costs, charges and expenses of winding up and for the adjustment of the rights of the contributors among themselves such amount as may be required, not exceeding €1.

**9. CAPITAL COMMITMENTS**

The company had no material capital commitments at the financial year-ended 31 December 2020.

**10. GOING CONCERN**

In preparing the financial statements, the directors consider it appropriate to continue to use the going concern assumption which assumes that the company will have sufficient resources to enable it to meet its liabilities as and when they fall due.

The directors have considered the impact of Covid 19 on its activities and its funding. No more than previous years, the company is reliant on the continued support of the HSE. The company has continued to receive HSE funding during the pandemic and the directors are of the opinion that funding will continue into the future. In addition, the company has received financial support from other external sources which places the company in a positive financial position for the foreseeable future. As such, the directors have a reasonable expectation that the company has sufficient resources in place to ensure it is in a position to meet its financial obligations as they fall due for the foreseeable future.

The directors therefore continue to adopt the going concern basis in preparing the financial statements of the company.



**The Oasis Centre Limited**  
**NOTES TO THE FINANCIAL STATEMENTS**

continued

for the financial year ended 31 December 2020

**11. POST-BALANCE SHEET EVENTS**

The directors are closely monitoring developments during the Covid 19 pandemic and assessing the impact of it and the measures implemented by government to contain the virus on the company's activities. The company is following government recommendations and has taken a number of measures to mitigate the effect of the virus including health and safety measures to protect employees and users of its services.

The directors note that this is a dynamic situation and that there is still uncertainty as to the wider economic short to medium term impact. However they are satisfied that the company is in a strong position to withstand future potential challenges in this context.

With the exception of Covid 19, there were no other significant events affecting the company since the year end.

**12. CASH AND CASH EQUIVALENTS**

	<b>2020</b>	<b>2019</b>
	<b>€</b>	<b>€</b>
Cash and bank balances	<b>150,362</b>	<b>420</b>

**The Oasis Centre Limited**  
**NOTES TO THE FINANCIAL STATEMENTS**

continued

for the financial year ended 31 December 2020

<b>13. INCOME</b>	<b>2020</b>	<b>2019</b>
	<b>€</b>	<b>€</b>
HSE (NICDTF) interim funding	<b>163,900</b>	163,900
TUSLA	<b>7,400</b>	7,400
HSE	<b>17,880</b>	6,750
Sisters of Charity	<b>49,825</b>	23,610
Centre donations	<b>26,686</b>	34,835
Fundraising	<b>2,925</b>	1,622
HSE - Social inclusion	<b>2,376</b>	-
NEIC grant	-	2,930
Religious of Christian Education	<b>60,000</b>	30,000
Dublin City Council/NEIC	<b>5,000</b>	57,665
	<b>335,992</b>	<b>328,712</b>

Name of grantor: HSE

Name of grant: Grant Aid Agreement, Section 39 Health Act 2004

Purpose of the grant: Provide counselling for clients.

Grant Awarded: €163,900, Grant Received: €163,900, Grant Accrued: NIL, Grant Deferred: NIL, Grant Income: €163,900.

Accounting for grants: The Company is required to return annual audited accounts and complete Income and Expenditure spreadsheet.

Capital grants: No such grants received in the period.

Employees: There are no employees whose total employee benefits (excluding ER pension) that fall within each band of €10,000 from €60,000 upwards.

Restrictions: The grant is restricted as per terms and conditions of the annual funding agreement.

Name of grantor: TUSLA

Name of grant: Annual grant once off payment

Purpose of the grant: Supervision for counselling services.

Grant Awarded: €7,400, Grant Received: €7,400, Grant Accrued: NIL, Grant Deferred: NIL, Grant Income: €7,400.

Accounting for grants: The Company is required to return annual audited accounts.

Capital grants: No such grants received in the period.

Employees: There are no employees whose total employee benefits (excluding ER pension) that fall within each band of €10,000 from €60,000 upwards.

Restrictions: The grant is restricted as per terms and conditions of the annual funding agreement.

Name of grantor: HSE Training

Name of grant: Annual grant

Purpose of the grant: Safe Talk ASSIST Training.

Grant Awarded: €11,880, Grant Received: €17,880, Grant Accrued: €6,000, Grant Deferred: NIL, Grant Income: €17,880.

Accounting for grants: Provide evidence in relation to receipts and accounts when requested by HSE.

Capital grants: No such grants received in the period.

Employees: There are no employees whose total employee benefits (excluding ER pension) that fall within each band of €10,000 from €60,000 upwards.

Restrictions: The grant is restricted as per terms and conditions of the annual funding agreement.

Name of grantor: HSE Social inclusion

Name of grant: Annual grant once off payment

Purpose of the grant: Social inclusion.

Grant Awarded: €45,000, Grant Received: €45,000, Grant Accrued: NIL, Grant Deferred: €42,624, Grant Income: €2,376.

Accounting for grants: Provide evidence in relation to receipts and accounts when requested by HSE.

Capital grants: No such grants received in the period.

Employees: There are no employees whose total employee benefits (excluding ER pension) that fall within each band of €10,000 from €60,000 upwards.

Restrictions: The grant is restricted as per terms and conditions of the annual funding agreement.

Tax clearance

The company is compliant with relevant circulars, including Circular 44/2006 "Tax Clearance Procedures Grants, Subsidies and Similar Type Payments".

This note is in adherence with the requirements set out in Circular 13/2014 which supercedes Circular

for the financial year ended 31 December 2020  
17/2010.

**Compliance**

The company is compliant with relevant Circulars, including Circular 13/2014.

**14. APPROVAL OF FINANCIAL STATEMENTS**

The financial statements were approved and authorised for issue by the board of directors on 19 April 2021.

THE OASIS CENTRE LIMITED

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2020

NOT COVERED BY THE REPORT OF THE AUDITORS

THE FOLLOWING PAGES DO NOT FORM PART OF THE AUDITED FINANCIAL STATEMENTS

# The Oasis Centre Limited

## SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

### DETAILED INCOME AND EXPENDITURE ACCOUNT

for the financial year ended 31 December 2020

	2020 €	2019 €
<b>Income</b>		
HSE (NICDTF) interim funding	163,900	163,900
TUSLA	7,400	7,400
HSE Training fund	17,880	6,750
Sisters of Charity	49,825	23,610
Centre donations	26,686	34,835
Dublin City Council/NEIC	5,000	57,665
Fundraising	2,925	1,622
NEIC grant	-	2,930
Religious of Christian Education	60,000	30,000
HSE - Social inclusion	2,376	-
	<b>335,992</b>	<b>328,712</b>
<b>Expenditure</b>		
Wages and salaries	154,169	215,600
Social welfare costs	15,206	21,765
Supervision and courses	7,400	7,400
Vetting costs	90	128
Insurance	2,716	2,597
Computer costs	7,887	3,173
Light and heat	8,278	9,350
Repairs and maintenance	14,604	11,887
Training	480	10,172
Printing, postage and stationery	4,676	3,692
Telephone	2,708	2,516
Cost of facilitator	-	5,500
Travelling and entertainment	52	256
Provisions	1,499	2,086
Legal and professional	3,982	791
Accountancy	1,877	2,475
Bank charges	919	1,045
Household expenses	983	2,827
General expenses	2,973	2,564
Auditor's remuneration	3,058	1,897
	<b>233,557</b>	<b>307,721</b>
<b>Net surplus</b>	<b>102,435</b>	<b>20,991</b>



**The Oasis Centre Limited**

**SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS**

**DETAILED INCOME AND EXPENDITURE ACCOUNT**

for the financial year ended 31 December 2020

**The Deora Project**

	2020 €	2019 €
<b>Income</b>		
HSE (NICDTF) interim funding	163,900	163,900
HSE Training fund	-	6,750
	<u>163,900</u>	<u>170,650</u>
<b>Expenditure</b>		
Wages and salaries	126,924	127,368
Social welfare costs	12,528	12,084
Insurance	1,515	1,515
Light and heat	6,221	5,403
Repairs and maintenance	6,328	5,985
Training	480	2,393
Offset of training and trainer costs	-	8,200
Printing, postage and stationery	3,125	2,325
Telephone	2,242	1,274
Travelling and entertainment	52	210
Provisions	656	656
Bank charges	900	800
Auditor's remuneration	2,929	2,437
	<u>163,900</u>	<u>170,650</u>
<b>Net surplus</b>	<u>-</u>	<u>-</u>

# The Oasis Centre Limited

## SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

### DETAILED INCOME AND EXPENDITURE ACCOUNT

for the financial year ended 31 December 2020

#### Oasis Counselling Services

	2020 €	2019 €
<b>Income</b>		
TUSLA	7,400	7,400
HSE Training fund	17,880	-
Sisters of Charity	49,825	23,610
Centre donations	26,686	34,835
Dublin City Council/NEIC	5,000	57,665
Fundraising	2,925	1,622
NEIC grant	-	2,930
Religious of Christian Education	60,000	30,000
HSE - Social inclusion	2,376	-
	<b>172,092</b>	<b>158,062</b>
<b>Expenditure</b>		
Wages and salaries	27,245	88,232
Social welfare costs	2,678	9,681
Supervision and courses	7,400	7,400
Vetting costs	90	128
Insurance	1,201	1,082
Computer costs	7,887	3,173
Light and heat	2,057	3,947
Repairs and maintenance	8,276	5,902
Training	-	7,779
Offset of training and trainer costs	-	(8,200)
Printing, postage and stationery	1,551	1,367
Telephone	466	1,242
Cost of facilitator	-	5,500
Travelling and entertainment	-	46
Provisions	843	1,430
Legal and professional	3,982	791
Accountancy	1,877	2,475
Bank charges	19	245
Household expenses	983	2,827
General expenses	2,972	2,564
Auditor's remuneration	129	(540)
	<b>69,656</b>	<b>137,071</b>
<b>Net surplus</b>	<b>102,436</b>	<b>20,991</b>